

# Double "M" Records

MM-140

Music By: Southern Rhythm



## I'm Don't Look Young And Sexy Anymore

### Opener/Break/Closer:

Four Ladies Chain, you turn that girl and then  
You Rollaway, Circle Left go round  
Four Ladies roll away, Circle Left and go  
Left Allemande and Weave The Ring  
\* I caught my reflection in the mirror,  
Swing your girl around and Promenade  
\*\* I'm going upstairs and turn the bedroom mirror to the wall,  
Cause I'm not young and sexy anymore.

### Figure:

Heads Square Thru count 'em 4 hands round  
You make a Right Hand Star  
The Heads Star Left, roll it one time and then  
Same pair and do a Dosado  
Swing Thru and then the Boys Trade  
Swing the corner lady round and Promenade  
I'm going upstairs and turn the bedroom mirror to the wall,  
Cause I'm not young and sexy anymore.

### Tag:

Cause I'm not young and sexy anymore.

### Additional Lyrics:

\* I use to go out with the girls one and all,  
\*\* Now they don't get close to me, they're afraid I might fall.  
Cause I'm not young and sexy anymore.

\* I'd stand there smile, strut and flex my arms,  
\*\* I hung in there when I was trim and tall,  
Cause I'm not young and sexy anymore.

Doug Phillips  
2204 Scarborough Drive  
Bellevue, Nebraska 68123  
402.292.3130  
Email: [dphillips@sqdancer.com](mailto:dphillips@sqdancer.com)