

DOUBLE "M" RECORDS

PRODUCER : MONK MOORE
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Penny

THE TIES THAT BIND

Record: **The Ties That Bind**

Double "M" Records: **MM-138 CD**

Choreographer: **Penny Lewis**, 1301-H Leon Street, Durham, NC 27705

e-mail: rndancer@peoplepc.com

Rhythm: **Waltz**

Phase: **Easy 4 Wall Line Dance**

Sequence: **Intro, Dance**

INTRO

01-04 Wait 4 meas ;;

Wait 2 measures (6 beats of music) ;;

DANCE

01-02 1/4 Left Turn ; 1/2 Box Back ;

(01) Step Fwd turning L 1/4, Side R, Close L to R changing weight ;

(02) Step Bk R, Back and Side L, Close R beside L changing weight ;

03-04 Fwd Roll Left 1/2 ; Back Up ;

(01) Step Fwd turning L 1/2, Side and back R, Close L to R changing weight ;

(02) Step Bk R, Back and Side L, Close R beside L changing weight ;

05-06 (Twisty) Vine 6 ;;

(05) Side step on L, cross R behind L (*turning slightly R*), side step on L (*turning slightly L*) ;

(06) Cross R in front of L (*turning slightly L*), side step on L, cross R behind L (*turning slightly R*) ;

07-08 Fwd & Point ; Back & Point ;

(07) Step Fwd on L, point R fwd and Hold 1 beat ; (08) Step Back on R, point L back and Hold 1 beat ;

NOTE: You should end up facing the same wall you were facing when you backed up.

The 1/4 turn changes the wall you will be facing as does the 1/2 turn.

For **COUPLES** :

Lady facing Gentleman - adjustment is on the FWD Roll L and Back Up - this changes to *1 L Turn Half and Back Up* or better yet *2 Quarter Left Turns!* Also as couples the Vine 6 is easier to do as a Twisty Vine 6.

Man - side, cross behind, side, cross in front, side, cross behind (or close)

Lady - side, cross in front, side, cross behind, side, cross in front (or close)