



Four Strong Winds

Singing Call

Note: This dance was written to be danced simultaneously with the Square Dance Singing Call on the same record.

Opener/Break/Closer: (Sides Face Grand Square)

* Four strong winds that grow lonely, Seven seas that run high

** Ah! These things that won't change come what may

(Circle Left)

*** But my good times are all gone

Left Allemande gonna Swing and Promenade

**** I'll look for you if I'm ever back this way

Figure:

Now those Heads Promenade go Halfway

Down the middle Pass the Ocean and Extend

Swing Thru and then the Boys Run Right and Ferris Wheel

Double Pass Thru and Track Two

Find the corner Swing and Promenade the square

For the winds sure can blow cold way out here

Break: (Sides Face Grand Square)

I may go out to Alberta, Weather's good there in the fall

Got some friends that I could go there working for (Circle Left)

Still I wish you would change your mind

Left Allemande gonna Swing and Promenade

But we've been through that a hundred times or more

Closer: (Sides Face Grand Square)

If I get there before the snow flies And things are going good

You should join me if I send you down the fare, (Circle Left)

But if you wait until this winter

Left Allemande gonna Swing and Promenade

For the winds sure can blow cold way out here

Tag:

For the winds sure can blow cold way out here

Rumba

Note: This dance was written to be danced simultaneously with the Square Dance Singing Call on the same record.

Jim & Kathie Kline; May, 2019
Monk Moore; Double "M" Records; MM-106
Rumba; Phase 3+1 (Alemana)

Sequence: INTRO, A, B, C, A, B, C, A, END

INTRODUCTION

1-2___(BFLY WALL) WAIT 2 ;;
3-4___APT PT ; TOG TCH (BFLY) ;;

PART A

1-8___PEEK-A-BOO CHASE DBL ;;;;;;
9-11___NYKR ; THRU SERPIENTE ;;
12-14__(LOD) CRAB WALKS ;; SPOT TRN ;
15-16___FULL BASIC ;;

PART B

1-4___OP BRK ; WHIP ; TIMESTEPS 2X ;;
5-6___OP BRK ; WHIP ;
7-10___FULL CHASE ;;;;
11-12___FWD & BK BASIC ;;
13-16___NYKR ; SPOT TRN ; HND-HND 2X ;;

PART C

1-4___CHASE W/UARM PASS ;; NYKRS 2X ;;
5-6___CHASE W/UARM PASS ;;
7-10___ALEMANA ;; LARIAT ;;
11-12___SHLDR-SHLDR 2X ;;
13-14___NYKR TO OP ; PROG WK 3 ;
15-16___CIRC AWAY & TOG ;;

PART A

1-8___PEEK-A-BOO CHASE DBL ;;;;;;
9-11___NYKR ; THRU SERPIENTE ;;
12-14__(LOD) CRAB WALKS ;; SPOT TRN ;
15-16___FULL BASIC ;;

PART B

1-4___OP BRK ; WHIP ; TIMESTEPS 2X ;;
5-6___OP BRK ; WHIP ;
7-10___FULL CHASE ;;;
11-12__FWD & BK BASIC ;;
13-16__NYKR ; SPOT TRN ; HND-HND 2X ;;

PART C

1-4___CHASE W/UARM PASS ;; NYKRS 2X ;;
5-6___CHASE W/UARM PASS ;;
7-10___ALEMANA ;; LARIAT ;;
11-12__SHLDR-SHLDR 2X ;;
13-14__NYKR TO OP ; PROG WK 3 ;
15-16__CIRC AWAY & TOG ;;

PART A

1-8___PEEK-A-BOO CHASE DBL ;;;;;;;;;
9-11___NYKR ; THRU SERPIENTE ;;
12-14__(LOD) CRAB WALKS ;; SPOT TRN ;
15-16__FULL BASIC ;;

ENDING

1-2___SHLDR-SHLDR 2X ;;
3-4___NYKR ; THRU APT PT ;

Four Strong Winds

Full Cue Sheet

Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430
Email: jim@kallingkline.com; **Released:** May, 2019
Record: Double "M" Records; MM-106; **Artist:** Monk Moore
Preview: <http://www.kallingkline.com/clips/106v.mp3> **Time/Speed:** 3:49 @ 100%
Rhythm: Rumba, Phase 3+1 (Alemana); **Difficulty:** Average
Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Note: This dance was written to be danced simultaneously with the Square Dance Singing Call on the same record.

Sequence: INTRO, A, B, C, A, B, C, A, END

INTRODUCTION

1-4 (BFLY FCG WALL) WAIT 2 MEASURES ;; APART POINT ; TOGETHER TOUCH (BFLY) ;;

- 1-2 {Wait} in BFLY facing WALL wait 2 measures ;;
3-4 {Apart & Point} stp bk L leaving R ft extended,-, pt R,-; {Recover & Touch} stp tog R,- tch L next to R,-;

PART A

1-4 BEGIN PEEK-A-BOO CHASE DOUBLE ;;;

- 1-2 {Double Chase Peek-a-Boo} fwd L trng RF, rec R, cl R,-;rk sd R peek over L, rec L, cl R,-;
3-4 rk sd L peek over R, rec R, cl L,-; fwd R trng LF (W trn RF), rec L, cl L,-;

5-8 FINISH PEEK-A-BOO CHASE DOUBLE ;;;

- 5-6 {Finish Peek-a-Boo Chase} rk sd L (W peek), rec R, cl L,-; rk sd R (W peek), rec L, cl R,-;
7-8 rk fwd L (W trn LF), rec R, cl R,-; rk bk R, rec R, sd R,-;

9-12 NEW YORKER ; THRU SERPIENTE ;; BEGIN CRAB WALKS ;

- 9-10 {New Yorker} swvlg on R bring L thru w/ straight leg to LOP RLOD, rec R swvlg to fc ptr, sd L, - ;
{Thru Serpiente} step thru LOD on R, sd L twd LOD, XRIB of L (W XIB), fan L CCW (W CW);
11-12 retain BFLY pos XLIB (W XIB), sd R twd RLOD, thru L, fan R CW (W CCW); {Begin Crab Walks}
XRIF of L twd LOD, sd L, XRIF of L,-;

13-16 FINISH CRAB WALKS ; SPOT TURN ; BASIC ;;

- 13-14 {Finish Crab Walks} sd L, XRIF, sd L,-; {Spot Turn} XRIF twd LOD, rec L trng to fc ptr, sd R,-;
15-16 {Basic} rk fwd L, rec R, sd L,-; rk bk R, rec L, sd R,-;

PART B

1-4 OPEN BREAK ; WHIP ; TIMESTEPS TWICE ;;

- 1-2 {Open Break} rk apt L to LOP fcng extend free arm to side, rec R, sd L to BFLY,-; {Whip} bk R trn 1/4 LF, rec fwd L trn 1/4 LF, sd R, - (W fwd L outsd M, fwd R trn 1/2 LF, sd L,-) to BFLY COH;
3-4 {Timestep} XLIB extnd arms to sds, rec R, sd L,-; XRIB extnd arms to sds, rec L, sd R,-;

5-8 OPEN BREAK ; WHIP ; BEGIN CHASE ;;

- 5-6 {Open Break} rk apt L to LOP fcng extend free arm to side, rec R, sd L to BFLY,-; {Whip} bk R trn 1/4 LF, rec fwd L trn 1/4 LF, sd R, - (W fwd L outsd M, fwd R trn 1/2 LF, sd L,-) to BFLY WALL;

7-8 {Begin Chase} in BFLY WALL fwd L trn RF 1/2, rec fwd R, fwd L, - ; fwd R trn LF 1/2 (W trn RF 1/2), rec fwd L, fwd R to TANDEM WALL, - ;

9-12 FINISH CHASE ;; FORWARD & BACK BASICS ;;

9-10 {Finish Case} fwd L (W trn LF 1/2), rec R, bk L, - ; bk R, rec L, fwd R to BFLY WALL, - ;

11-12 {Forward Basic} rk fwd L, rec R, bk L,-; {Back Basic} rk bk R, rec L, fwd R,-;

13-16 NEW YORKER ; SPOT TURN ; HAND TO HAND TWICE ;;

13-14 {New Yorker} swvlg on R bring L thru w/ straight leg to LOP RLOD, rec R swvlg to fc ptr, sd L, - ;

{Spot Turn} swvlg 1/4 on ball of L ft step fwd R trng 1/2 LF (RF), rec L trng 1/4 to fc ptr, sd R, - ;

15-16 {Hand to Hand} release ld hds beh L trn LF to OP LOD, rec R to fc, sd L; release trailing hds beh R trng RF to fc RLOD, rec L to fc, sd R,-;

PART C

1-4 CHASE WITH UNDERARM PASS ;; NEW YORKER TWICE ;;

1-2 {Chase with Underarm Pass} in BFLY WALL fwd L commence RF trn 1/2 keeping lead hnds jnd, rec R, fwd &sd L,- (W bk R keeping lead hnds jnd, rec L, fwd R twd M's right sd, -) ; bk R raising lead jnd hnds, rec L, sd R, - (W fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr, sd L, -) to BFLY COH ;

3-4 {New Yorker} thru L twd LOD (W thru R), rec R to fc, sd L to BFLY,-; thru R twd RLOD (W thru L), rec L to fc, sd R to BFLY,-;

5-8 CHASE WITH UNDERARM PASS ;; ALEMANA ;;

5-6 {Chase with Underarm Pass} In BFLY COH fwd L commence RF trn 1/2 keeping lead hnds jnd, rec R, fwd &sd L,- (W bk R keeping lead hnds jnd, rec L, fwd R twd M's right sd, -) ; bk R raising lead jnd hnds, rec L, sd R, - (W fwd L, fwd R trng 1/2 LF undr jnd lead hnds to fc ptr, sd L, -) to BFLY WALL ;

7-8 {Alemana} fwd L, rec R, cl L ldg W to trn RF,- (bk R, rec L, sd & fwd comm RF swvl,-) ; w/slight RF trn bk R beh body, rec L to fc ptr, sip R place R hnd on small of W's bck,- (cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, fwd & sd L to M's R sd,-);

9-12 LARIAT ;; SHOULDER TO SHOULDER TWICE ;;

9-10 {Lariat} sip L, R, L,- (W circ arnd M CW R, L, R,-); sip R, L, R,- (W cont circ arnd M CW L, R, sd L,-) to BFLY WALL ;

11-12 {Shoulder to Shoulder} twd DRW rk fwd L (bk R) to SCAR, rec R, sd L; twd DLW rk fwd R (bk L) to BJO, rec L, sd R;

13-16 NEW YORKER TO OPEN ; PROGRESSIVE WALK 3 ; CIRCLE AWAY & TOGETHER ;;

13-14 {New Yorker} swvlg on R bring L thru w/ straight leg to LOP RLOD, rec R swvlg to fc ptr, sd L trng to OP fcg LOD, - ; {Progressive Walk 3} twd LOD fwd R, L, R,-;

15-16 {Circle Away & Together} circling LF (W RF) away ptrn twd COH (W twd WALL) fwd L, fwd R, fwd L to fc RLOD,-; cont circ twd ptrn and WALL (W twd COH) fwd R, fwd L, fwd R to fc ptr in BFLY pos,-;

**REPEAT PART A
REPEAT PART B
REPEAT PART C
REPEAT PART A**

ENDING

1-4 SHOULDER TO SHOULDER TWICE ;; NEW YORKER ; THRU APT PT ;

1-2 {Shoulder to Shoulder} twd DRW rk fwd L (bk R) to SCAR, rec R, sd L; twd DLW rk fwd R (bk L) to BJO, rec L, sd R;

5-6 {New Yorker} swvlg on R bring L thru w/ straight leg to LOP RLOD, rec R swvlg to fc ptr, sd L, - ; {Thru Apart Point} thru R trng to fc ptr, stp bk L leaving R ft extended, pt R,-;