

## Rock And Roll Days

**Choreographer:** Jim & Kathie Kline, 320 W. Larsen, Rawlins, WY  
**Record:** Atlantic 71254; The Best Of Lobo; Lobo  
**Footwork:** Opposite unless noted (Woman's footwork in parenthesis)  
**Rhythm:** Cha Cha; RAL Phase III



**Sequence:** INTRO, A, A, B, B, C, A, A, B, B, C, A, B, END

### INTRODUCTION

#### 1-4 WAIT 2 ;; CIRCLE AWAY & TOG CHA ;

1-2 2:wait 2 meas,,,,,;;  
3-4 circg LF fwd L,fwd R,fwd L/cl R,fwd L;cont circ fwd R,fwd L,fwd R/cl L,fwd R to fc ptr;

#### 5-6 TWIRL VINE 2 & SD CHA ; REV TWIRL VINE 2 & SD CHA ;

5-6 sd L,XRIBL,sd L/cl R,L,(W fwd R trng RF undr ld hnds,cont trn sd & bk L,sd R/cl L,sd R); sd R,XLIBR,sd R/cl L,R,(W fwd L trng LF undr ld hnds,cont trn sd & bk R,sd L/cl R,sd L);

### PART A

#### 1-4 BASIC ;; TIMESTEP 2X ;;

1-2 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R;  
3-4 no hnds fcg ptr XLIBR,rec R,sd L/cl R,sd L;fcg ptr XRIBL,rec L,sd R/cl L,sd R;

#### 5-8 ALEMANA ;; TO A LARIAT ;;

5-6 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R (W fwd LIFR trn RF,cont trn fwd R to fc M,sd L/cl R,sd L);sip L,R,L/R,L (W circ M CW R,L,R/cl L,fwd R);sip R,L,R/L,R (W cont arnd M L,R,sd L/cl R,sd L to fc M);

### PART B

#### 1-4 VINE 2 & FC TO FC ; VINE 2 & BK TO BK (TO OP) ; SLIDING DOOR ; RK APT REC FWD CHA ;

1-2 sd L,XRIBL,sd L/cl R,sd L trng LF awy from ptr; sd R,XLIBR,sd R/cl L,sd R trng RF to OP;  
3-4 OP LOD rk sd L, rec R, XLIFR/sd R, XLIFR ; rk sd R, rec L, fwd R/cl L, fwd R;

#### 5-8 FWD BASIC ; SLIDING DOOR ; RK APT REC CHA TO FC ; BK BASIC ;

5-6 fwd L,rec R,fwd L/cl R,fwd L; rk sd R, rec L, XRIFL/sd L, XRIFL ;  
7-8 rk sd L, rec R trn RF fcg ptr, fwd L/cl R, fwd L; bk R,rec L,sd R/cl L,sd R;

### PART C

#### 1-8 CHASE PEEK-A-BOO DOUBLE :::::;

1-8 fwd L trng RF, rec R, sd L/cl R, sd L; rk sd R peek over L, rec L, ip R/L, R; rk sd L peek over R, rec R, ip L/R, L; fwd R trng LF (W trn RF), rec L, sd R/cl L, sd R; rk sd L (W peek), rec R, ip L/R, L; rk sd R (W peek), rec L, ip R/L, R; rk fwd L (W trn LF), rec R, sd L/cl R, sd L; rk bk R, rec R, sd R/cl R, R;

END

**1-4 TWIRL VINE 2 & SD CHA ; REV TWIRL VINE 2 & SD CHA; BASIC ;:**

- 1-2 sd L,XRIBL,sd L/cl R,L,(W fwd R trng RF undr ld hnds,cont trn sd & bk L,sd R/cl L,sd R); sd  
R,XLIBR,sd R/cl L,R,(W fwd L trng LF undr ld hnds,cont trn sd & bk R,sd L/cl R,sd L);  
3-4 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R;

**5-7 CUCARACHA 2X ;: CHUG APT ;**

- 5-6 sd L w/ partial wgt,rec R,sip L/R,L;sd R w/ partial wgt,rec L,sip R/L,R;  
7 Feet tog, knees bent, straighten knees quickly with slight bkwd movement,;

## Rock And Roll Days Head Cues



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### INTRODUCTION

1-4 WAIT 2 ;; CIRCLE AWAY & TOG CHA ;  
5 TWIRL VINE 2 & SD CHA ;  
6 REV TWIRL VINE 2 & SD CHA;

### PART A

1-4 BASIC ;; TIMESTEP 2X ;;  
5-8 ALEMANA ;; TO A LARIAT ;;

### PART B

1-2 VINE 2 & FC TO FC ; VINE 2 & BK TO BK (TO OP) ;  
3-4 SLIDING DOOR ; RK APT REC FWD CHA ;  
5-6 FWD BASIC ; SLIDING DOOR ;  
7-8 RK APT REC CHA TO FC ; BK BASIC ;

### PART C

1-8 CHASE PEEK-A-BOO DOUBLE ;;;;;;;

### END

1 TWIRL VINE 2 & SD CHA ;  
2 REV TWIRL VINE 2 & SD CHA;  
3-6 BASIC ;; CUCARACHA 2X ;;  
7 CHUG APT ;